

East Hants Minor Hockey Dressing Room Policy

Purpose: To ensure all registered players and coaches in the East Hants Minor Hockey Association are protected from all types of harassments and abusive situations, as per Hockey Canada, Hockey Nova Scotia and East Hants Minor Hockey Association guidelines.

Scope: All East Hants Minor Hockey members Effective Date Dec 7th,2010

Coach presence in the dressing room:

All coaching staff that will be in the presence of children in the dressing room shall have the following minimum risk management certifications:

- Respect in Sport (RIS)
- Passed Criminal Records Check (CRC)
- Vulnerable Sector Check

* EHMHA will only accept these certifications once they show up on the individual coach or manager's Hockey Canada eHockey account and in the Hockey Canada Registry.

There shall be two (2) coaches in the dressing room with players at all times for both practices and games. This applies to the expected show-up times as stated in team rules. For example: If the team rule is all players are expected to be in the dressing room 45 minutes prior to the start of a game or practice, then two (2) authorized coaching staff are expected to be there at that time also. Players cannot be left alone.

Parents in the dressing room

U7, U9 and U11:

- Only one parent or guardian is permitted in the dressing room to assist their child getting dressed. The parent or guardian is expected



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- to leave the dressing room immediately after the player is dressed and must vacate the hallway area outside the dressing rooms.
- After the practice or game, a parent or guardian is permitted back in the dressing room to assist their child getting undressed only after coaching staff has had time to address any issues from the game or practice.
 - Siblings, friends, strollers, other family members, or additional parents or guardians are not permitted in the dressing room to assist getting players dressed or undressed. If a single parent or guardian has to look after children that can not be left unattended for a short period of time, please request one of the coaching staff assist your child getting dressed if they need the help. This is for everyone's safety.
 - All U11 aged and above players should be encouraged to start tightening and tying their own skates and dressing themselves. Coaches can assist if need be.

U13, U15 and U18:

- Parents or guardians are not permitted beyond the hallway door leading to the dressing rooms or in the dressing rooms except when:
 - there is a medical emergency that their presence may be essential to the well being of their child
 - invited by the coaching staff

Female players - Requiring a separate dressing room U7, U19 and U11

- Hockey Canada allows co-ed dressing room situations at the U7, U9 and U11 levels (5-10 years of age) provided participants in a co-ed situation either arrive in full equipment or wear at a minimum gym shorts or long underwear and a full t-shirt (no tank tops); all of which must be in good condition without holes or tears.

U13, U15 and U18

At the U13 level and above (11 years old and above), the following conditions will apply in all co-ed team environments:



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- Females and males will change in separate rooms
- Both genders shall congregate in one dressing room fully prepared to participate in the game/practice not more than 15 minutes prior to the scheduled ice time unless otherwise indicated (to be there earlier) by the coaching staff.
- The lesser-represented gender shall depart the dressing room not more than 15 minutes after the game/practice unless otherwise indicated (to stay longer) by the coaching staff.
- The gender in the majority shall not begin changing prior to the departure of the lesser-represented gender.
- When necessary, due to facility limitations, dressing and showering shall be done in shifts with the gender in the majority dressing and showering first. Once the room with shower facilities has been fully vacated, the lesser-represented gender may use the shower facilities.

All female players have the right to get dressed separately from their male teammates. If no female dressing room is available, the dressing room assigned to the team must be vacated to allow the female players of that team to get dressed/undressed. A female parent or guardian may substitute as a presence in or just outside the female dressing room for their child only. If there are additional female players then that female parent or guardian must have valid RIS - Coaching, CRC, and VSC certifications. They do not need to be assigned to the team. There must be two (2) approved team staff present with players at all times if more than only their own child is present.

Dressing room cleanliness

Each team is expected to clean up after themselves. The head coach is to ensure the dressing room is left clean for the next team coming to use it. If the coach finds the team using it before their team's arrival has not cleaned the dressing room, they should notify the front desk staff immediately.



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